

THURSTON COUNTY Tobacco Use Statistics

ADULTS

Adult Tobacco Use

- Our most recent survey data showed that about 18.4% of adults in Thurston County smoke cigarettes.¹

Quit Line

- 694 people from Thurston County called the Quit Line in the past year.²

YOUTH

Current Cigarette Smoking

- Our most recent survey data showed:³
 - 6th grade: 2.1% in Thurston County, and 2.0% statewide, reported they currently smoke cigarettes.
 - 8th grade: 9.4% in Thurston County, and 7.8% statewide, reported they currently smoke cigarettes.
 - 10th grade: 16.0% in Thurston County, and 13.0% statewide, reported they currently smoke cigarettes.
 - 12th grade: 22.5% in Thurston County, and 19.7% statewide, reported they currently smoke cigarettes.

PREGNANT WOMEN

Smoking During Pregnancy

- About 15.1% of pregnant women in Thurston County smoke during pregnancy, compared to 10.2% statewide.⁴
- About 350 infants are born each year in Thurston County to mothers who smoke during pregnancy.⁵

¹ Data are from the 2005 Department of Health Behavioral Risk Factor Surveillance System (BRFSS). A 'current smoker' reports having smoked at least 100 cigarettes in their lifetime and also responds "every day" or "some days" to the question "Do you smoke cigarettes now?" This estimate has a $\pm 2.4\%$ margin of error – this means that the "true" population value (percent of current smokers) is most likely somewhere in this range of the reported percentage, but may not be exactly equal to the reported percentage.

² Data include counts of tobacco users, health care provider, and other callers seeking information from the Washington State Tobacco Quit Line between July 01, 2005, and June 30, 2006, who identified themselves as being residents of Thurston County.

³ Data for Thurston County were collected from youth who participated in the Washington State Healthy Youth Survey (HYS) in Fall 2004. The margins of error for estimates in Thurston County are: 6th grade ($\pm 0.6\%$), 8th grade ($\pm 1.4\%$), 10th grade ($\pm 1.6\%$), and 12th grade ($\pm 2.0\%$). This means that the "true" population value (percent of current smokers) is somewhere in this range of the reported percentage, but may not be exactly equal to the reported percentage.

Data for Washington were collected as part of a statewide sample of youth for the Washington State Healthy Youth Survey (HYS) in Fall 2004. The margins of error for estimates are: 6th grade ($\pm 0.4\%$), 8th grade ($\pm 1.0\%$), 10th grade ($\pm 1.4\%$), and 12th grade ($\pm 2.2\%$).

⁴ Data are from 2004 Washington State Birth Certificates. The margin of error for Thurston County is ($\pm 1.5\%$); the margin of error for Washington State is ($\pm 0.2\%$). Women who indicate that they smoke at all during pregnancy are classified as smokers. Health risk behaviors like smoking during pregnancy may be underreported due to growing social unacceptability of unhealthy behaviors during pregnancy.

⁵ The number of infants born to mothers who smoke during pregnancy are calculated using an average of the births to mothers who report smoking on the Birth Certificate from 2001-2004. The estimate is rounded to the nearest factor of ten.